



**THE** Turks are not noted particularly for cleanliness, and their bakery products would not be considered appetizing in this country. In this, as in many other things, we are different.

## Our Bakery Products

are prepared in a clean, modern, sanitary bakery—a fact that is known to every resident of this community. An ever-increasing demand is an indisputable evidence that we produce "good things to eat."

*Quality and cleanliness are the twin mottoes of this bakery at all times.*

**F. F. Stephens**

Successor to

**Nohe Bakery and Cafe**

### Should Sloan's Liniment Go Along?

Of course it should! For after a strenuous day when your muscles have been exercised to the limit an application of Sloan's Liniment will take the soreness and stiffness away and get you in fine shape for the tomorrow. You should also use it for a sudden attack of toothache, stiff neck, backache, stings, bites and the many accidents that are incidental to a vacation. "We would as soon leave our baggage as to go on a va-

cation or camp out without Sloan's Liniment," writes one vacationist. "We use it for everything from cramps to toothache." Put a bottle in your bag, be prepared and have no regrets. July 6

If you are paying high interest rates in the Building & Loan call on the Nebraska Land Company and get the money at reduced interest rates.

## WHO PAYS FOR HUMAN LIFE

Fellow Employees Pay for the Human Wreckage Caused by Railroad Wrecks and Accidents

Cleveland, Ohio, July 12.—The following statement was issued today by the four Transportation Brotherhoods, who are campaigning jointly for an eight-hour day.

Who pays for the depreciation in human life, the result of railway operation?

When a car or locomotive is smashed up, a fund has been provided for its renewal, but when in the same wreck an engineer, fireman, conductor or brakeman has been crushed out of all semblance of his former self, the other employees of these classes whose time has not yet come, dig down into their pockets and pay for this human railroad wreckage.

The common law doctrine of "assumed risk" has been forced on railroad employees as a part of their compensation. To use a Western expression, they have been educated to expect "to die with their boot on."

In no other industry is the occupational hazard so great as in the making up and transportation of railway trains. The railroad industry however, reflects no recognition of this hazard, not the wages of its employees.

The records of the Brotherhood of Locomotive Firemen and Engineers show that it has paid out to its members for deaths and disabilities, the sum of \$18,109,167.75. More than 60 per cent of all deaths and disabilities of members of this organization are caused by railroad accidents.

During the year 1915, the members of the Brotherhood of Locomotive Engineers were compelled to contribute the great sum of \$2,270,279.92 to the widows and orphans of its members who were killed during that one year and on account of injuries and disabilities incurred.

The members of the Brotherhood of Railroad Trainmen during the year 1915, paid out from their meager earnings, on account of members killed and disabled in service, the sum of \$2,421,558.17.

Members of the Order of Railway Conductors put up \$1,761,417.49 for the relief of their human wreckage in 1915.

The extra hazardous nature of the employe on a freight train, makes ab-

surd, any comparison of wages received, with railway clerks, section hands and other employees.

Considering the fact that train employees are the most skilled of all railroad wage earners and that they must pay out such enormous sums as above on account of "human wreckage," they are entitled to a work day sufficiently short to enable them to perform their arduous duties with a rested body and brain.

Freight train crews should at least receive as much as is paid in other trades, so that they could better afford to meet the losses occasioned by deaths and injuries of their members.

It is certain that a reduction in the hours of labor with proper rest and recuperation will better fortify the human mind and body against accidents of a personal nature and men in freight train service are now determined to have a shorter work day and to have their working conditions approximate as far as possible that which obtains in other trades.

Railroad officials claim that if the demands of the train crews are granted, it will mean an enormous increase in wages paid and that the cost of any increase will fall upon the public.

If the officials really believe this, why their strenuous opposition? Does the history of railroading show any instance of any great anxiety on the part of the railroads to protect the public?

The officials also make the statements that the cost will come out of the pockets of the stockholders and in the next breath they claim that the cost will fall upon the farmer and shipper.

The employees claim that the truth of the matter is, that there will be little or no increase in cost by granting an eight-hour day and in proof of this claim, they cite the fact that sworn statements of the railroads in the recent Federal arbitration case in Chicago, show that 78 per cent of through and irregular freight trains now make the basic division of 100 miles in less than eight hours, which would leave only 22 per cent of trains whose speed would have to be accelerated in order to avoid the payment of overtime.

## HEALTH IS BASIS OF ALL CONTENT

The Half Sick Man or Woman Is a Stranger to Happiness

Contentment is the very essence of happiness. But, to be contented, or happy, if you will, one must first have good health.

Our supreme toast to the one we admire is "Health, wealth and happiness," and the keystone is health.

So many persons complain of being nervous and run down. This is the age of speed, we haven't time to care for ourselves. These run down men and women are not exactly sick, but just tired, languid or maybe good-for-nothing most of the time. Their business, their home and their life suffer.

They need something to build them up, something to throw off these symptoms of a weakened, debilitated condition produced by either mental or physical overwork or by the abuse of a vital organ—more often the stomach than any other.

That something has been found. It is Tanlac. A tonic of rare properties, an appetizer and general invigorant that rids the system of congestion, tones up the stomach, overcoming indigestion, headaches, backaches, non-assimilation of food, nervousness, dizziness, ailments of kidneys and liver, and the complaints that are so common to the half sick, debilitated men and women of today.

Its effect is like lifting your spirits gently back to the level of the world's happiness that rests on health.

Tanlac may be obtained now, in Alliance, Nebraska, at Harry Thiele's Drug Store, where its properties cheerfully are explained to all callers.

**ATTENTION, DRUGGISTS**  
An exclusive Tanlac agent is wanted in every Nebraska town. For particulars address Agency Department, Cooper Medicine Co., Dayton, Ohio.

## PURCHASES ATLAS HOTEL

Member of Alliance Police Force Makes Deal for Large Hotel Building on Box Butte

A. B. Wheeler of the police force, who recently purchased the Nebraska Rooming House, on Saturday closed a deal with W. W. Norton by which he purchases the Atlas hotel fixtures and leases the building. The building is located at 118 Box Butte Avenue and has 43 rooms.

Mr. Wheeler will name the hotel "The Western Hotel." He will maintain a first-class house and will undoubtedly have a good business.

We will furnish the money to build homes in Alliance. We inspect the property ourselves and furnish money quickly at a low rate of interest. Nebraska Land Company, Alliance, Nebr.

**Remove Face Blemishes**  
Pimples, Blackheads, Acne, Tetter, Ring Worm and that dreaded Eczema can be permanently removed from your face and body by Dr. Hobson's Eczema Ointment. It is no longer necessary to go around with an unsightly complexion and suffer the pain and annoyance that goes with unsightly ailments. Dr. Hobson's Eczema Ointment is a time tried, guaranteed remedy, good for infants, adults and aged who suffer with skin ailments. Buy a box today, start using it at once. Money back if not satisfied. 50c at your druggist. July 4

The careful man starts a bank account for his children and teaches them how to save for the future



SAVING IS A HABIT. EXTRAVAGANCE IS A HABIT. EVERY HABIT GROWS ON YOU.

IF THE "SAVING HABIT" IS CULTIVATED IN A CHILD YOU WILL SOME DAY SEE THE FRUIT OF THAT HABIT IN A FORTUNE.

EXTRAVAGANCE WILL POSITIVELY LEAD TO RUIN. EXTRAVAGANCE WILL MELT THE MOST SOLID FORTUNE. YOU HAVE SEEN IT.

TEACH YOUR CHILD TO TAKE MONEY TO THE BANK.

WE PAY FOUR PER CENT INTEREST ON TIME DEPOSITS.

**BANK WITH US**  
**FIRST STATE BANK**



**Painted Floors**  
**Save Scrubbing**

Painted floors are sanitary and easy to keep clean. Bare floors absorb dirt and grime and require hours of back-breaking work with the scrub brush to keep them in condition.

You can fix up your floors yourself with

**Lincoln Floor Paints**

They change old shabby floors into new floors that are easy to keep spotlessly clean. Ask for color samples and a copy of the Home Painting Jobs booklet, which tells you about painting, varnishing, waxing and finishing floors and all surfaces about the home.

**F. E. HOLSTEN**



## The Worst Handicap

in the world is worry—it ties a man hand and foot—takes off the edge of his talents—and cuts down his ability.

Worry as to what will happen to the family if anything should happen to you, will do more than anything else to reduce your earning power.

Life Insurance solves the problem—the day you get your Insurance Policy, is the day you cut your fetters.

Life Insurance is the one sure cure for WORRY.

**John G. Lewis**

**ALLIANCE, NEBRASKA**  
Manager for Western Nebraska  
Security Mutual Life Ins. Co., of Lincoln, Nebr.

# JUMP FROM BED IN MORNING AND DRINK HOT WATER

Open sluices of system each morning and wash away the poisonous, stagnant matter, says authority.

A glass of hot water with a teaspoonful of limestone phosphate in it, drank each morning before breakfast, keeps us looking and feeling fit.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and puri-

fying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store, which will cost but little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.